

Circleville Kiwanis Cross Country Invitational

Ohio Christian University Campus Course

(On state Route 22 just East of Circleville)

Saturday – September 5, 2009

Time Schedule

5:35 a.m. - Arrive at Eaton High School

5:45 a.m. (sharp) – Depart for Circleville

8:15 a.m. – Arrive at Ohio Christian Campus

10:00 a.m. – High School Girls Race (all girls)

11:00 a.m. – High School Boys Race (all boys)

12:00 p.m. – Awards & Departure

12:15 p.m. – Lunch (bring money or pack a lunch)

1:00 p.m. – Depart for Eaton

3:00 – 3:45 p.m. – Arrive at Eaton High School

What To Bring

- 1.) Lunch or money to buy lunch
- 2.) Two pair of dry socks
- 3.) Water Bottle
- 4.) XC Team Bag
- 5.) Pillow – for sleeping on bus if needed
- 6.) Spikes

Miscellaneous

- 1.) All uniforms will be collected upon arrival at E.H.S.
- 2.) Driving directions attached – written and maps
- 3.) Parking is available at the campus

"My whole feeling in terms of racing is that you have to be very bold. You sometimes have to be aggressive and gamble."

Bill Rodgers

Four time winner of the Boston and New York City marathons. A member of the 1976 US Olympic Team. Winner of the 1977 Fukuoka Marathon.



Born in Hartford, Connecticut on December 23, 1947, Bill grew up in nearby Newington. He ran cross-country at Newington High School and at Wesleyan University in Middletown, Connecticut. His PR for the mile is 4:16.08, set in college. He set an American record for 30Km- 1:31:50, and a World record for 25Km - 1:14:12, on the track in 1979. Bill set American records in the 15Km - 43:39, 20Km - 58:15, and 1 Hour Run -12 miles 1,351yds, all in 1977.

The Olympics

Bill competed in the 1976 Olympic Marathon in Montreal. Hampered by a metatarsal problem in his right foot, he stayed with the lead pack for the first 25k, then dropped off the pace to finish 40th in 2:25:14.
















In 1980 the U.S. lead boycott of the Moscow Olympic Games eliminated Bill's chance for Olympic success.

Bill's Boston Marathon Record Born December 23, 1947

Year	Time	Place	
1973	DNF		
1974	2:19:34	14	
1975	2:09:55	1	Course Record, American Record
1976	Ran the Olympic Trials instead		
1977	DNF		
1978	2:10:13	1	
1979	2:09:27	1	Course Record, American Record
1980	2:12:11	1	
1981	2:10:34	3	
1982	2:12:38	4	
1983	2:11:58	10	
1986	2:13:36	4	
1987	2:18:18	15	
1988	2:18:17	28	
1990	2:20:46	31	
1996	2:53:23	1207	
1999	DNF		
2009	4:06:49	16085	Age 61

Total Travel Estimates: 2 hours 9 minutes / 104.15 miles

A: 600 Hillcrest Dr, Eaton, OH 45320-8501

- | | | | |
|---|---|---|---------|
|  | 1: | Start out going NORTHEAST on OH-732/HILLCREST RD toward DEER TRAIL DR. | 0.7 mi |
|  |  | 2: Turn LEFT onto US-127/S BARRON ST. | 0.4 mi |
|  |  | 3: Turn RIGHT onto US-35/E MAIN ST/OH-122. Continue to follow US-35. | 18.5 mi |
|  |  | 4: Turn RIGHT onto US-35 E. | 55.1 mi |
|  | 5: | Take the OH-753 exit. | 0.2 mi |
|  |  | 6: Turn LEFT onto OH-753 N. | 2.2 mi |
|  |  | 7: Turn RIGHT onto US-22. | 25.4 mi |
|  |  | 8: Turn LEFT onto LANCASTER PIKE/US-22. | 1.6 mi |
|  | 9: | 1476 LANCASTER PIKE is on the LEFT. | 0.0 mi |

A to B Travel Estimates : 2 hours 9 minutes / 104.15 miles

B: 1476 Lancaster Pike, Circleville, OH 43113-9487

